



Inseam Measuring Device

This **Inseam Device** from FIT KIT SYSTEMS is an accurate tool used to find the true inseam measurement of a bicycle rider. For use with the Fit Kit System of bicycle sizing, or with other bicycle fitting systems that call for an accurate inseam measurement.



Using the **Inseam Device** with the FIT KIT SYSTEMS **Footboard**:

- 1) Have the client stand on the footboard with their heels against the rear riser and insert the oak end of the aluminum post into the rearmost hole in the footboard. Use the more forward hole for portly people.
- 2) Instruct the cyclist to compress and then straddle the **Inseam Device** pressing on the top, above the post, not on the tip of the oak bar.
- 3) With the aluminum rod aligned with their leg, allow the device to extend fully. For improved accuracy ask the person to raise their heels up, and then set their feet back down. The inseam device simulates the pressure exerted while sitting on the bicycle saddle.
- 4) Level the **Inseam Device** by using the level imbedded into the oak top bar.
- 5) Read the scale at the top of the oak collar to identify the correct inseam measurement.

Use the **Inseam Device** to the **Floor** model:

1. Place the flat oak end on a hard surface floor.
2. Follow instructions 2 - 56 above.

Specifications:

Construction is out of hand crafted solid oak pieces and anodized aluminum tubing with an internal industrial grade hydraulic gas piston spring. The solid oak top bar is 38cm or 15" by 3.5cm or 1 3/8".

Each **Inseam Device** is precisely calibrated either "from the floor" or "from the footboard"

3 lengths are available, covering the following inseam ranges:

1. Regular adult (72 - 96 cm)
2. Small adult (50 - 75 cm)
3. Junior (40 - 55cm)

A 5cm extender block is available for use with the footboard to extend the range of any model.

